



# ASIST

*Applied Suicide Intervention Skills Training*

Over the course of their  
2 day training,  ASIST  
participants will learn to:

Notice and respond to situations  
where suicide thoughts  
might be present



Identify an at-risk person  
and make a plan to help



Move beyond the common  
tendency to miss, dismiss,  
and avoid suicide



Apply a suicide  
intervention model



Know community resources  
and how to connect someone  
with thoughts of suicide to  
them for further help



Participants will receive a  
Certificate of completion



*LivingWorks is a company specializing in suicide intervention trainings.*



Suicide is preventable;  
**ANYONE** can make  
a difference.



## TRAINING OPPORTUNITY AT TRACEN PETALUMA

DATE: Aug 27-28, 2025

TIME: 0800-1530

PLACE: Lighthouse Chapel

UNIFORM: Business Casual

*\*This workshop is FREE.*



LEARN THE SKILLS.  
**HELP SAVE A LIFE.**

Use this QR code to RSVP.



RSVP by E-mail to: [Kimberlee.j.sullivan@uscg.mil](mailto:Kimberlee.j.sullivan@uscg.mil) or call 765-7330